

MEDICARE PLANS FOR OCCUPATIONAL THERAPY



OPTIONS THAT MAY HELP REDUCE THERAPY COSTS

Some children may be eligible for Medicare plans for occupational therapy through their GP or paediatrician.

These plans offer rebates, which can help reduce the cost of therapy sessions, particularly when:

- your child has developmental or emotional challenges
- therapy support is needed but other funding is not in place or not available for your child
- short-term support is required

Your child's GP or paediatrician determines eligibility.

Medicare — how it works

- A referral is required from your GP or paediatrician
- Medicare provides a rebate for a set number of sessions
- You pay for each session in full, and then receive the rebate
- We can process the rebate for you – funds go to your bank account

Medicare plans your child's doctor may consider:

- GP Chronic Condition Management Plan
→ Up to 5 sessions per year
- Complex Neurodevelopmental Disorder Plan
→ Assessment + therapy supports
- Mental Health Treatment Plan
→ Up to 10 sessions per year
* not all our staff are endorsed to offer this service

Important to know

- Medicare rebates do not cover full session costs
- Rebates are not available for report writing
- Sessions are limited per calendar year
- Plans must be organised through your doctor
- Medicare rebates cannot be claimed if funding has been received for the same service



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THERAPY

Speak with your GP or paediatrician, or talk with your OT about what might be suitable.
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POSSIBLE MEDICARE PLANS FOR OT

GP Chronic Condition Management Plan (GPCCMP)

Who it may suit	What the plan provides	Medicare Rebate *	Important to know
Children with a condition expected to last 6 months or more, such as: • Developmental delays • Autism or ADHD • Coordination challenges • Sensory differences • Ongoing health conditions	Up to 5 allied health sessions per calendar year • Sessions are shared across all providers	~\$60 per session (Gap fee applies)	• Eligibility determined by GP • Limited sessions shared across therapists eg 3x SP, 2x OT

Mental Health Treatment Plan (MHTP)

Who it may suit	What the plan provides	Medicare Rebate *	Important to know
Children experiencing: • Anxiety • Emotional regulation challenges • Behavioural concerns • Social or emotional wellbeing difficulties	• Up to 10 therapy sessions per calendar year • Typically 6 sessions + GP review, then additional sessions	~\$110 per session (Gap fee applies)	• Focus on mental health support • Requires GP review before additional sessions • Referral required to an endorsed OT - not all of our staff are endorsed to provide this service

Complex Neurodevelopmental Disorder Plan

Who it may suit	What the plan provides	Medicare Rebate *	Important to know
Children under 13 years (at the time plan is created) with complex developmental concerns, such as: • Possible autism • Significant developmental delay • Multiple areas of concern	• Up to 4 sessions to support diagnosis/assessment • Up to 20 therapy sessions across lifetime • Case conferences between providers if needed	~\$85 per session (but may vary on type and length of service)	• Requires Paediatrician or Psychiatrist referral • Often part of a multidisciplinary assessment process, not intended for long-term therapy supports.

- Medicare rebates as at July 2025



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