



# CIRCLE OF SECURITY EDUCATOR GROUP



## BUILDING STRONGER CONNECTIONS

Circle of Security is a structured, relationship-based program that helps educators understand children's emotions, behaviour, and relational needs within learning environments.

It supports you to respond with greater clarity, confidence, and connection – not just react in the moment.

Grounded in attachment research, this approach focuses on strengthening adult-child relationships as the foundation for regulation, participation and wellbeing.

### What is included?

This program is delivered in a small group format and includes:

- A series of guided sessions (typically 8 sessions)
- Video-based learning and reflection
- Facilitated discussion with other educators
- Practical examples relevant to classroom and early learning settings
- In-person or online group options available

### What you'll gain

Through this program, you will build confidence to:

- Understand children's emotional needs and cues in everyday situations
- Recognise what children need from adults across different moments
- Respond to behaviour with greater clarity and intention
- Support both connection and independence within your setting
- Develop a shared language and consistent approach across your team

### Who is this program suited to?

This program may be helpful if you:

- Work with younger children (early learning and junior primary)
- Feel unsure how to respond to behaviour or emotional responses in your setting
- Notice patterns that are difficult to shift
- Are looking for deeper understanding, not just strategies



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